



Fitting Instructions

DETACHABLE TOWBAR **BM23Q**
For BMW 1 SERIES

MATERIALS

A	1	Cross Bar
D	1	M10 x 120 x 1.5 Bolt, 2 Nuts, Lock Washers and 2 Flat Washers (25mm O.D.)
ZEP1	1	Electrical Plate with type label
ZEQ1	1	Electrical Mounting Plate
Z	1	M10x25x1.5mm Bolt, Nut, Lock Washer and 2 Flat Washers (25mm O.D.)
ZQ	1	ZQ3007 Detachable Unit

FITTING

1. Remove lower half of bumper (screws along lower edge of lower skirt and 3 screws around each wheel arch – prise off starting at each corner. Remove upper half of bumper (2 screws around wheel arch, 4 screws attaching bumper to bumper beam). Disconnect reversing sensors.
2. Release exhaust rubber hanger from bumper beam and remove and discard bumper beam - retain original fixings.
3. Attach Cross Bar (A) to rear panel using original fixings.
4. Thread Bolt (D) through exhaust hanger and attach to Cross Bar (A) using Nuts and Washers as shown below.
5. Please refer to ZQ fitting instruction for fitment of Detachable Unit (ZQ3007), fit Electrical Plate (ZEP1) an Electrical Mounting Plate (ZEQ1). **Fully tighten all bolts.**
6. Cut area in lower skirt as shown below. Refit bumper.

Please refer to the vehicle specification for the trailer weight and nose limits, which **must be observed**.

Recommended torque settings: M8 - 27Nm, M10 - 53 Nm, M12 - 95 Nm, M14 - 150 Nm, M16 - 214 Nm

